

SCAC's Video Training Library

All videos are provided in VHS format unless noted. Contact Caroline Deevey at 1-800-922-6081, ext. 338, or via cdeevey@scac.sc to request videos.

Driving

- **Backing, Parking and Intersections** – (DVD, 19 min.) Excellent tips for backing, parking and intersections. Use this as a supplement to a full Defensive Driving course, which should be given every three years. For all employees.
- **CNN Special: Ambulance** – (18 min.) Designed to show EMS employees the consequences of at-fault accidents.
- **Don't Meet by Accident: A Guide to Safe Driving** – (22 min.) Excellent recap of common driving mistakes presented in a safety committee meeting forum. For use in any department; may be used to supplement defensive driver training.
- **Defensive Driving for Government Employees** – (DVD, 20 min.) A refresher course to address common driving errors. This video should be used in years when the four-hour Defensive Driving course is not offered.
- **Defensive Driving: When Good Weather Goes Bad** – (DVD, 19 min.) Excellent tips for bad weather—including rain, avoiding hydroplaning, how to handle flooded roads, snow, ice, wind and fog. Use this as a supplement to a full Defensive Driving course, which should be given every three years. For all employees.

General

- **Accident Investigation** – (9 min.) For department heads/supervisors.
- **Backhoe Safety: Inspection and Walk Around** – (DVD, 14 min.) A very complete guide for operators to use for daily equipment inspection. Could be used to help launch a daily heavy equipment inspection program. For supervisors and equipment operators.
- **Backhoe Operator's Safety and Responsibility** – (DVD, 8 min.) Covers personal protective equipment needed for backhoe and trackhoe operators, pre-start inspection and safe operation. Could be used with **Backhoe Safety: Inspection and Walk Around**. For supervisors and equipment operators.
- **Communication/Human Performance Management** – (15 min.) Designed to help supervisors enhance communication to improve safety management.
- **Confined Space Entry** – (DVD, 17 min.) Explores the hazards of confined spaces, protective measures needed for safe entry, entry permits, entry procedures and rescue. This video is recommended for employees of any department that has confined spaces—even if employees do not enter those spaces. The video provides awareness level training and does not meet all of the requirements needed to comply with OSHA Standards. SCAC risk managers can assist with additional training requirements.
- **Don't Bet on It** – (DVD, 15 min.) This highly-recommended video presents five accident stories that are designed to promote changes in the safety culture and employees' attitude toward safety.

- **Fall Factors: Understanding and Preventing Slips, Trips and Falls** – (DVD, 19 min.) By understanding how “fall factors” such as balance, gravity, friction and momentum contribute to falling, we can take measures to prevent these incidents. This program helps viewers prevent falls and related incidents by reviewing the factors involved—including common hazards and unsafe actions that make falling more likely. Topics include:
 - How controlling our center of gravity helps us maintain balance;
 - How gravity, friction and momentum contribute to slips, trips and falls;
 - Precautions that prevent slips and trips;
 - The importance of wearing proper footwear; and
 - Unsafe acts that contribute to falls.
- **Fire Extinguishers: Your PASS to Safety** – (10 min.) Basic training on the use of fire extinguishers for all employees.
- **Flagging Operations and Procedures** – (23 min.) Training in work zone safety for road maintenance crews.
- **Understanding Governmental Liability** – (19 min.) An overview of liability exposures and basic awareness training to help avoid tort liability. For all employees.
- **Hazard Communication: The Road to Safety** – (16 min.) Basic training for all employees on OSHA’s hazard communication standard. Useful as a training supplement.
- **Heat Stress: Don’t Lose Your Cool** – (14 min.) For public works employees. Designed to reduce the potential for heat-related injuries.
- **The Hidden Killer: Hepatitis Awareness for Staff** – (DVD/VHS, 18 min.) For detention facilities.
- **Housekeeping: It Ain’t Like the Movies** – (15 min.) Useful for developing hazard recognition skills to be used in a self-inspection program. Suitable for all employees.
- **I Chose to Look the Other Way: Three Stories of Workplace Safety**– (13 min.) Viewers will witness examples of three common scenarios where workers see something but don't say something. Your employees will learn that the root cause of each incident was a reluctance to speak up. They will be convinced that speaking up about unsafe acts is critical in the prevention of workplace injuries. Leaders guide available.
 - Three story lines featuring a failure to follow lockout/tagout, an employee neglecting to wear PPE, and a worker choosing not to wear fall protection.
 - Some other safety concerns covered in the video include supervisors, rushing, habits, shift work and intimidation.
 - Reinforces the fact that "speaking up" about unsafe acts can save lives and help develop a positive safety culture.
- **Managing Your Public Officials’ Liability** – (18 min.) Intended for county council members. This is a general explanation of potential liabilities that could result from council members’ actions. It is recommended that SCAC conduct this presentation.
- **Lockout for Life** – (21 min.) A basic review of lockout/tagout principles with vivid illustrations of actual lockout accidents. Useful for maintenance personnel.
- **MRSA Awareness** – (DVD, 12 min.) A guide for general awareness and prevention of Methicillin-resistant *Staphylococcus aureus*, a rapidly growing problem. This video includes a leader’s guide and PowerPoint presentation.

- **Office Injury Prevention** – (DVD, 18 min.) This program stresses the importance of office safety and how a good safety attitude and using good judgment are the keys to injury prevention. Topics include good housekeeping; controlling slip, trip and fall hazards; proper lifting techniques; avoiding repetitive strain injuries; preventing eye strain; preventing the spread of contagious illness; office equipment hazards and emergency response procedures. The video may be shown to employees from any department, but administrative employees are the target audience.
- **Working Smart: General Office Safety** – (20 min.) For all employees.
- **Introduction to OSHA** – (3 hrs.) SCETV satellite broadcast sponsored by SCAC and presented by OSHA’s Van Henson. An excellent introduction to OSHA services that benefit counties.
- **Protect Yourself So You Can Protect Others** – (15 min.) EMS providers and firefighters face exposure to Hepatitis B and C, HIV and other bloodborne diseases. This video educates them about how to protect themselves from infection and what to do if an exposure occurs. It may be useful to other departments to provide basic information on bloodborne diseases and protection methods.
- **Shaping a Secure Future** – (12 min.) Provides a general overview of risk management in public entities for safety committees and department heads.
- **Trenching and Excavation Safety: The Scott May Story** – (DVD, 20 min.) This video tells the story of a 30-year-old construction worker who was killed in a trenching accident in Georgetown, S.C. It also presents the basic safety measures that all trenching and excavation workers need to know. Topics include:
 - When and where safety rules apply;
 - OSHA standards that require trenching/excavation work to be managed by a “competent” person;
 - Identifying soil types;
 - Determining how to excavate safely;
 - Slope-back ratios; and
 - Other forms of protection.
- **Trenching and Shoring: Understanding Excavation Safety** – (DVD, 15 min.) This video gives an overview of the hazards and control measures needed to conduct excavations safely. It is recommended for employees of any department that excavates—regardless of the depth of the excavation. Unsafe excavation practices can result in multiple fatalities, often involving co-workers who attempt to rescue fellow employees from a collapse. The video provides awareness level training and does not meet all of the requirements needed to comply with OSHA Standards. SCAC risk managers can assist with additional training requirements.
- **Preventing Harassment: Creating a Positive Workplace** – 21 minute DVD, suitable for annual refresher training, includes leader guide and quiz
- **Workplace Violence** – (3 hrs.) SCETV satellite broadcast sponsored by SCAC.

Lifting/Back Safety

- **Back at Work** – (16 min.) General back safety and exercises for all employees.
- **On the Road: The Lighter Side of Lifting** – (22 min.) This funny, entertaining video features Michael Meinik, an occupational therapist. It provides real world examples of better ways to lift and is beneficial for all departments. A PowerPoint presentation recaps the main points.

- **Back Basics (1)** – (12 min.) Provides a simple, practical demonstration of how the back functions. This funny, entertaining video features Occupational Therapist Michael Meinik.
- **Risk Factors (2)** – (13 min.) To be used in series with Video 1, above.
- **Prevention Strategies (3)** – (15 min.) Practical methods for maintaining a healthy back. To be used in series with Videos 1 and 2, above.
- **Take 5 for Health and Safety** – A series of two videos featuring Occupational Therapist Michael Meinik. Learn about sitting, standing, lifting, stretching and ergonomics. “Take 5” captures the key elements of these important topics and presents them in a series of five-minute programs that motivate, entertain and educate. Each show is complimented by a short, humorous “commercial” that drives home the important points of injury prevention.
- **Back in Step: The Road to Recovery from Back Pain** – (50 min.) Occupational Therapist Michael Meinik provides practical tips to help minimize back pain, speed recovery and reduce the risk of re-injury. Recommended for all employees, but is especially useful for the employee who has had a back injury.
- **Stretching Out at Work** – (13 min.) Occupational Therapist Michael Meinik provides practical tips for stretching to minimize muscle strain at work.
- **Back Safety for First Responders** – (20 min.) – back safety for EMS, Fire and Sheriff’s Department, includes back exercises for preventing injuries.