

SCAC's Video Training Library

All videos are provided in VHS format unless noted. Contact Susan Chambers at 1-800-922-6081, ext. 338, or via susan@scac.state.sc.us to request videos.

Driving

- **Backing, Parking and Intersections** – (DVD, 19 min.) Excellent tips for backing, parking and intersections. Use this as a supplement to a full Defensive Driving course, which should be given every three years. For all employees.
- **CNN Special: Ambulance** – (18 min.) Designed to show EMS employees the consequences of at-fault accidents.
- **Don't Meet by Accident: A Guide to Safe Driving** – (22 min.) Excellent recap of common driving mistakes presented in a safety committee meeting forum. For use in any department; may be used to supplement defensive driver training.
- **Defensive Driving for Government Employees** – (DVD, 20 min.) A refresher course to address common driving errors. This video should be used in years when the four-hour Defensive Driving course is not offered.
- **Defensive Driving: When Good Weather Goes Bad** – (DVD, 19 min.) Excellent tips for bad weather—including rain, avoiding hydroplaning, how to handle flooded roads, snow, ice, wind and fog. Use this as a supplement to a full Defensive Driving course, which should be given every three years. For all employees.

General

- **Accident Investigation** – (9 min.) For department heads/supervisors.
- **Communication/Human Performance Management** – (15 min.) Designed to help supervisors enhance communication to improve safety management.
- **Confined Space Entry** – (DVD, 17 min.) Explores the hazards of confined spaces, protective measures needed for safe entry, entry permits, entry procedures and rescue. This video is recommended for employees of any department that has confined spaces—even if employees do not enter those spaces. The video provides awareness level training and does not meet all of the requirements needed to comply with OSHA Standards. SCAC risk managers can assist with additional training requirements.
- **Flagging Operations and Procedures** – (23 min.) Training in work zone safety for road maintenance crews.
- **Hazard Communication: The Road to Safety** – (16 min.) Basic training for all employees on OSHA's hazard communication standard. Useful as a training supplement.
- **Heat Stress: Don't Lose Your Cool** – (14 min.) For public works employees. Designed to reduce the potential for heat-related injuries.
- **Protect Yourself So You Can Protect Others** – (15 min.) EMS providers and firefighters face exposure to Hepatitis B and C, HIV and other bloodborne diseases. This video educates them about how to protect themselves from infection and what to do if an exposure occurs. It may be useful to other departments to provide basic information on bloodborne diseases and protection methods.
- **Housekeeping: It Ain't Like the Movies** – (15 min.) Useful for developing hazard recognition skills to be used in a self-inspection program. Suitable for all employees.

- **Lockout for Life** – (21 min.) A basic review of lockout/tagout principles with vivid illustrations of actual lockout accidents. Useful for maintenance personnel.
- **Managing Your Public Officials' Liability** – (18 min.) Intended for county council members. This is a general explanation of potential liabilities that could result from council members' actions. It is recommended that SCAC conduct this presentation.
- **Shaping a Secure Future** – (12 min.) Provides a general overview of risk management in public entities for safety committees and department heads.
- **Trenching and Shoring: Understanding Excavation Safety** – (DVD, 15 min.) This video gives an overview of the hazards and control measures needed to conduct excavations safely. It is recommended for employees of any department that excavates—regardless of the depth of the excavation. Unsafe excavation practices can result in multiple fatalities, often involving co-workers who attempt to rescue fellow employees from a collapse. The video provides awareness level training and does not meet all of the requirements needed to comply with OSHA Standards. SCAC risk managers can assist with additional training requirements.
- **Understanding Governmental Liability** – (19 min.) An overview of liability exposures and basic awareness training to help avoid tort liability. For all employees.
- **Working Smart: General Office Safety** – (20 min.) For all employees.
- **Sexual Harassment Awareness** – (28 min.) Suitable for employee sexual harassment training. Illustrates classic examples of sexual harassment.
- **Introduction to OSHA** – (3 hrs.) SCETV satellite broadcast sponsored by SCAC and presented by OSHA's Van Henson. An excellent introduction to OSHA services that benefit counties.
- **Workplace Violence** – (3 hrs.) SCETV satellite broadcast sponsored by SCAC.
- **MRSA Awareness** – (DVD, 12 min.) A guide for general awareness and prevention of Methicillin-resistant *Staphylococcus aureus*, a rapidly growing problem. This video includes a leader's guide and PowerPoint presentation.
- **Don't Bet on It** – (DVD, 15 min.) This highly-recommended video presents five accident stories that are designed to promote changes in the safety culture and employees' attitude toward safety.
- **The Hidden Killer: Hepatitis Awareness for Staff** – (DVD/VHS, 18 min.) For detention facilities.
- **Fire Extinguishers: Your PASS to Safety** – (10 min.) Basic training on the use of fire extinguishers for all employees.

Lifting/Back Safety

- **Back at Work** – (16 min.) General back safety and exercises for all employees.
- **On the Road: The Lighter Side of Lifting** – (22 min.) This funny, entertaining video features Michael Meinik, an occupational therapist. It provides real world examples of better ways to lift and is beneficial for all departments. A PowerPoint presentation recaps the main points.
- **Back Basics (1)** – (12 min.) Provides a simple, practical demonstration of how the back functions. This funny, entertaining video features Occupational Therapist Michael Meinik.
- **Risk Factors (2)** – (13 min.) To be used in series with Video 1, above.

- **Prevention Strategies (3)** – (15 min.) Practical methods for maintaining a healthy back. To be used in series with Videos 1 and 2, above.
- **Take 5 for Health and Safety** – A series of two videos featuring Occupational Therapist Michael Meinik. Learn about sitting, standing, lifting, stretching and ergonomics. “Take 5” captures the key elements of these important topics and presents them in a series of five-minute programs that motivate, entertain and educate. Each show is complimented by a short, humorous “commercial” that drives home the important points of injury prevention.
- **Back in Step: The Road to Recovery from Back Pain** – (50 min.) Occupational Therapist Michael Meinik provides practical tips to help minimize back pain, speed recovery and reduce the risk of re-injury. Recommended for all employees, but is especially useful for the employee who has had a back injury.
- **Stretching Out at Work** – (13 min.) Occupational Therapist Michael Meinik provides practical tips for stretching to minimize muscle strain at work.
- **Back Safety for First Responders** – (20 min.) – back safety for EMS, Fire and Sheriff’s Department, includes back exercises for preventing injuries.